



CIFAL Istanbul - NTD3105 Assessment of Nutritional Status in Society

Personas

Plazo: 9 Sep 2024

Tipo:	Course
Ubicación:	Istanbul, Türkiye
Fecha:	23 Sep 2024 to 27 Dic 2024
Duración:	14 Horas
Área del programa:	Decentralize Cooperation Programme
Sitio web:	https://cifalistanbul.org/
Precio:	0,00 US\$
Correo Electrónico del Centro de Coordinación del Evento:	cisil.sohodol@bau.edu.tr
Colaboración:	CIFAL Istanbul, Bahçeşehir University

ANTECEDENTES

The aim of this course is to assess the health and nutritional status of different groups in society. The methods used to evaluate the nutrition and health status of the general population as well as specific groups (such as pregnant women, breastfeeding mothers, school-age children, etc.) will be discussed in detail.

OBJETIVOS DEL EVENTO

Evaluate the nutritional status of individuals and groups. Use different methods to assess nutritional status. Explain the differences between direct and indirect methods. Define the relationship between nutritional status and health.

OBJETIVOS DEL APRENDIZAJE

Evaluate the nutritional status of individuals and groups. Use different methods to assess nutritional status. Explain the differences between direct and indirect methods. Define the relationship between nutritional status and health.

CONTENIDO Y ESTRUCTURA

The content of this course includes direct and indirect methods used to assess nutritional status, anthropometric measurements, biochemistry, biophysics, clinical examination, dietary studies, ecological factors affecting nutritional status, and health statistics related to nutrition. As this is a highly important professional course, a strict 70% attendance requirement will be closely monitored.

METODOLOGÍA

This course encourages knowledge with two books provided by the lecturer alongside assessing knowledge with one midterm and one final.

PÚBLICO OBJETIVO

Students of Bahçeşehir University