



unitar

United Nations Institute for Training and Research

Unitar Online Catalogue

CIFAL Istanbul - BES4079 Sustainable Nutrition

Population

Date limite: 9 Sep 2024

Type:	Course
Emplacement:	Istanbul, Türkiye
Date:	23 Sep 2024 to 27 déc 2024
Durée:	52 Hours
Zone du programme:	Decentralize Cooperation Programme
Site internet:	https://cifalistanbul.org/
Prix:	0.00 \$US
Personne de référence de l'événement:	cisil.sohodol@eas.bau.edu.tr
Partenariat:	CIFAL Istanbul, Bahçeşehir University

ARRIÈRE PLAN

The aim of this course is to learn about the effects of nutrition on the environment and the transfer of food resources to future generations, as well as sustainable nutrition models.

OBJECTIFS DE L'ÉVÉNEMENT

Learn about the environmental impacts of food and nutrition. Learn about the effects of nutritional practices on sustainability. Learn about sustainable nutrition models. Learn about the impact of agriculture and food on sustainability.

OBJECTIFS D'APPRENTISSAGE

Learn about the environmental impacts of food and nutrition. Learn about the effects of nutritional practices on sustainability. Learn about sustainable nutrition models. Learn about the impact of agriculture and food on sustainability.

CONTENU ET STRUCTURE

This course is designed to provide students with an understanding of the relationship between food, nutrition, and the environment. It will cover the environmental impacts of various food systems, explore sustainable nutrition models, and evaluate agricultural practices for their sustainability. The course will also highlight how nutrition choices can contribute to both individual health and the health of the planet.

MÉTHODOLOGIE

The methodology for this course is to provide information around the subject whilst enhancing the lecture with notes and articles. This course assesses knowledge with one midterm and one final exam as well as a project during the year to further improve creative thinking for students.

AUDIENCE VISÉE

Students of Bahçeşehir University