



### CIFAL Istanbul - NTD3105 Assessment of Nutritional Status in Society

People

Deadline: 9 Sep 2024

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Type:	Course
Location:	Istanbul, Türkiye
Date:	23 Sep 2024 to 27 Dec 2024
Duration:	14 Hours
Programme Area:	Decentralize Cooperation Programme
Website:	<a href="https://cifalistanbul.org/">https://cifalistanbul.org/</a>
Price:	\$0.00
Event Focal Point Email:	cisil.sohodol@bau.edu.tr
Partnership:	CIFAL Istanbul, Bahçeşehir University

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#### BACKGROUND

The aim of this course is to assess the health and nutritional status of different groups in society. The methods used to evaluate the nutrition and health status of the general population as well as specific groups (such as pregnant women, breastfeeding mothers, school-age children, etc.) will be discussed in detail.

#### EVENT OBJECTIVES

Evaluate the nutritional status of individuals and groups. Use different methods to assess nutritional status. Explain the differences between direct and indirect methods. Define the relationship between nutritional status and health.

## **LEARNING OBJECTIVES**

Evaluate the nutritional status of individuals and groups. Use different methods to assess nutritional status. Explain the differences between direct and indirect methods. Define the relationship between nutritional status and health.

## **CONTENT AND STRUCTURE**

The content of this course includes direct and indirect methods used to assess nutritional status, anthropometric measurements, biochemistry, biophysics, clinical examination, dietary studies, ecological factors affecting nutritional status, and health statistics related to nutrition. As this is a highly important professional course, a strict 70% attendance requirement will be closely monitored.

## **METHODOLOGY**

This course encourages knowledge with two books provided by the lecturer alongside assessing knowledge with one midterm and one final.

## **TARGETED AUDIENCE**

Students of Bahçeşehir University