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## Tuberculosis and Mental Health

### The Defeat NCD Partnership

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Type:	Course
Location:	Web-based
Duration:	2 Hours
Programme Area:	Other
Website:	<a href="https://whoacademy.org/coursewares/course-v1:WHOAcademy-Hosted+H0004EN+H0004EN...">https://whoacademy.org/coursewares/course-v1:WHOAcademy-Hosted+H0004EN+H0004EN ...</a>
Price:	\$0.00
Event Focal Point Email:	globalhealth@unitar.org

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## BACKGROUND

The course will provide knowledge and guidance on how to identify the key mental disorders in people with TB and on the role of TB health workers in ensuring access to mental health support for people affected by TB.

TB often affects people who are socially vulnerable and many people with TB experience some distress related to the disease, its treatment and/or TB-related stigma. Prevention, early detection, monitoring and treatment of mental health conditions may be essential to ensure positive TB treatment outcomes and to improve the health-related quality of life of people affected by TB.

## EVENT OBJECTIVES

- Describe the causes and consequences of co-occurring TB and mental health conditions.
- Describe how to identify the symptoms of mental health conditions.
- Describe brief psychological, pharmacological and preventive interventions.
- Recognize special considerations in the management of TB among various subpopulations.
- Explain what pathways and protocols are needed for referrals of people with TB and mental health conditions.

## TARGETED AUDIENCE

This e-learning course is intended for health care workers without specialized training in mental health who are supporting individuals and families affected by TB. It is assumed that you have working experience in TB and an understanding of the national guidelines for the management of TB.

## ADDITIONAL INFORMATION

Other information

### **Guidance note**

The content of this course has been validated, verified, and is owned by the WHO Global Tuberculosis Programme. This course is not a WHO Academy co-produced course. In case of any concerns or feedback on the course content, please share

your feedback in the survey form at the end of this course.

### **Browser and device compatibility**

For the best experience, we recommend using the latest version of Chrome, Firefox, Safari, or Microsoft Edge to access the courses.

**Produced by:** WHO Global Tuberculosis Programme.